



**Skinny Jeans Too Snug?**  
Time for damage control.



**Wall Circle Park**  
**1985 Highway 34, Wall**  
**732-919-3773**  
**www.jazznj.com**

Jazzercise helps you burn up to 600 calories in one fun and powerfully effective 55-60 minute total body workout!

We've taken moves from hip-hop, yoga, Pilates, kick-boxing and resistance training and bundled them into a fat burning, muscle toning workout you'll want to do again and again.

If Jazzercise is a fleeting '80s memory for you, come in and discover for yourself how the exercise phenomenon has evolved into one of the better total-body workouts available today.

**\$25/month for 6 months plus \$25 registration fee\***  
**Bonus - get a FREE week of babysitting!**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:15 a.m. Jazzercise		7:15 a.m. Jazzercise		7:15 a.m. Jazzercise		
8:20 a.m. Jazzercise	8:20 a.m. Jazzercise	8:20 a.m. Jazzercise	8:20 a.m. Jazzercise	8:20 a.m. Jazzercise	8:20 a.m. Jazzercise	8:20 a.m. Jazzercise
9:30 a.m. Jazzercise <i>Babysitting Available</i>	9:30 a.m. Low Impact Jazzercise <i>Babysitting Available</i>	9:30 a.m. Jazzercise <i>Babysitting Available</i>	9:30 a.m. Low Impact Jazzercise <i>Babysitting Available</i>	9:30 a.m. Circuit Training <i>Babysitting Available</i>	9:30 a.m. Jazzercise	
10:35 a.m. Jazzercise Lite		10:35 a.m. Jazzercise Lite		10:35 a.m. Jazzercise Lite		
4:30 p.m. Jazzercise	4:30 p.m. Jazzercise	4:30 p.m. Jazzercise	4:30 p.m. Jazzercise			4:00 p.m. Jazzercise January - April
5:35 p.m. Jazzercise	5:35 p.m. Jazzercise	5:35 p.m. Jazzercise	5:35 p.m. Jazzercise			
6:40 p.m. Jazzercise	6:40 p.m. Jazzercise	6:40 p.m. Body Sculpting	6:40 p.m. Jazzercise			

\*Pay only \$25/month for six months with EFT sign up. Regular monthly rate of \$45/month applies after sixth month unless cancelled by 4/15/11. There will be NO cancellation fee if account stays active through the April 2011 draft. For new members or those not registered within the last 6 months or longer. Expires 10/31/11. Babysitting is normally \$2.00 per child. **With flyer only.**