



# SQUIRTS CLASSES

## Ages 3-5 ♦ Boys & Girls

### WALL TWP

In Association with Wall Twp Recreation Department



### T-Ball squirts

T-Ball Squirts® is a great way to introduce young boys and girls to the exciting games of baseball and softball.



T-Ball Squirts® sessions take place in a safe, structured environment. Core components of the game are taught through a series of games and activities designed to capture the imagination of all players.



- ♦ Throwing
- ♦ Hitting
- ♦ Pitching
- ♦ Catching
- ♦ Base Running
- ♦ Fielding

*Players may bring their own glove although it is not mandatory. Age appropriate equipment is provided.*

### Sports squirts

Want to try a bunch of different sports? Sports Squirts® is the answer as it allows children to experience a new sport during each week of the program.



Sports Squirts® will sample: Lacrosse, Soccer, Hockey, Basketball, T-Ball, Parachute games and more, all in a safe, structured & fun environment with particular focus on hand/eye coordination, movement, balance & spacial awareness.



- ♦ Soccer
- ♦ Basketball
- ♦ Lacrosse
- ♦ T-Ball
- ♦ Hockey
- ♦ Parachute

## SPRING 2012 LISTINGS

Code	Day	Date	Time	Age	Fee
<b>Sports Squirts</b>					
SP12009	Mon	4/16 – 6/4	4:00 PM – 5:00 PM	3 to 5	\$125
<b>T-Ball Squirts</b>					
TB12011	Thu	4/19 – 5/31	4:00 PM – 5:00 PM	3 to 5	\$125

Classes take place at: Orchard Park

Class consists of 7 x 1 hr sessions

Make up classes will take place after the last scheduled session

Please note there will be a miss date on 5/28

## HOW TO REGISTER

Online at: [www.USSportsInstitute.com](http://www.USSportsInstitute.com)

By Phone: (732) 563 2520

\*By Mail to: US Sports Institute,  
12 Maiden Lane, Suite 3,  
Bound Brook, NJ 08805

\*A printable registration form can be found online.



The #1 name in children's sport provision  
Often imitated - never duplicated

**CALL TODAY**  
**866-345-BALL**

[USSportsInstitute.com](http://USSportsInstitute.com)



Summer Listings Now Online!