



NOVEMBER 2009

Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 8:30 Senior Exercise 9:30 Yoga & U	3 10:00/ 10:45/4:00 Martial Arts	4 8:30 Senior Exercise 9:30 Ballet 6:00 Parent/Child Martial Arts	5 1:00 Tiny Tots Music 4:00 Martial Arts 4:00 After School Art 7:00 Yoga Tone	6 8:30 Senior Exercise	7
8	9 8:30 Senior Exercise 9:30 Yoga & U 7:00 Yoga Tone	10 10:00/ 10:45/4:00 Martial Arts	11 CLOSED	12 10:00 Senior Yoga 1:00 Tiny Tots Music 4:00 Martial Arts 4:00 After School Art 7:00 Yoga Tone	13 8:30 Senior Exercise 10:00 Paint Paste & Pour	14
15	16 8:30 Senior Exercise 9:30 Yoga & U 7:00 Yoga Tone	17 10:00/ 10:45/4:00 Martial Arts	18 8:30 Senior Exercise 9:30 Ballet 6:00 Parent/Child Martial Arts	19 10:00 Senior Yoga 10:00 Paint Paste & Pour 1:00 Tiny Tots Music 4:00 After School Art 4:00 Martial Arts 7:00 Yoga Tone	20 8:30 Senior Exercise 10:00 Paint Paste & Pour	21
22	23 8:30 Senior Exercise 9:30 Yoga & U 10:00 Senior Arts & Crafts 7:00 Yoga Tone	24 10:00/ 10:45/4:00 Martial Arts	25 8:30 Senior Exercise 9:30 Ballet	26 CLOSED HAPPY THANKSGIVING	27 CLOSED	28
29	30 8:30 Senior Exercise 9:30 Yoga & U 10:00 Senior Arts & Craft 7:00 Yoga Tone					