

**FALL/WINTER  
2006 PROGRAMS**

Sports

- Biddy Basketball (gr. 3-8)
- Ity-Biddy Basketball (K-2)
- Men's Open Rec. Basketball -Half & Full Court
- Ultimate Frisbee (15yrs +)
- **Marital Arts (3-10 yrs)**
- Atlantic Club Spring Sports\*
- Good Sports Spring Sports\*
- Wall Sports Arena Ice Hockey & Ice Skating\*

Art

- Paint, Paste & Pour (Pre-K)
- **Watercolors (Adult)**
- Floral Design Class (Adult)

Dance

- Ballet (3-5 yrs.)

Music

- Wee-Ones Childhood Music Development (0-36 mon.)

Fitness & Exercise

- Body Sculpt/Pilates
- Yoga AM & PM
- Jazzercise\*

Seasonal Events & Bus Trips

- Halloween Costume Contest (10/26)

- Radio City Christmas Show (Nov. 17th)

Seniors (55+)

- **Senior Defensive Driving (Oct 10th & 12th)**

- Senior Exercise
- Senior Line Dancing
- Senior Swim

Computer Classes

- Cyber Discoveries\*



# The Wall-to-Wall

## RECREATION CALENDAR

### November 2006

Visit us at [www.wallnj.com](http://www.wallnj.com)



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Oct 29 Daylight Savings! *Fall Back*	30 Yoga (AM) & Yoga (PM) Floral Design (TBD) Senior Exercise Senior Line Dancing Ultimate Frisbee	31 <b>Happy Halloween!</b> Wee Ones Music Marital Arts (3-5yrs) Marital Arts (6-10 yrs.) Men's Rec. Basketball	Nov 1 Ballet Watercolors Art (Adult) Senior Exercise	2 Paint, Paste & Pour Art Body Sculpt/Pilates Marital Arts (6-10 yrs.) Yoga (PM), Senior Swim Men's Rec. Basketball <b>Biddy Coaching Clinic</b>	3 Paint, Paste & Pour Art Senior Exercise Men's Rec Basketball	4
5	6 Yoga (AM) & Yoga (PM) Floral Design (TBD) Senior Exercise Senior Line Dancing	7 Wee Ones Music Marital Arts (3-5yrs) Marital Arts (6-10 yrs.) Men's Rec. Basketball	8 Ballet Watercolors Art (Adult) Senior Exercise	9 Paint, Paste & Pour Art Body Sculpt/Pilates Marital Arts (6-10 yrs.) Yoga (PM) Senior Swim Men's Rec. Basketball	10 <b>Veterans Day -Offices Closed</b>	11	
12	13 Yoga (AM) & Yoga (PM) Floral Design (TBD) Senior Exercise Senior Line Dancing <b>Biddy Basketball Practice Begins</b>	14 Wee Ones Music Marital Arts (3-5yrs) Marital Arts (6-10 yrs.) Men's Rec. Basketball	15 Ballet Watercolors Art (Adult) Senior Exercise	16 Paint, Paste & Pour Art Body Sculpt/Pilates-TBD Marital Arts (6-10 yrs.) Yoga (PM) Senior Swim Men's Rec. Basketball	17 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball <b>Radio City Christmas Spectacular Bus Trip</b>	18	
19	20 Yoga (AM) & Yoga (PM) Floral Design (TBD) Senior Exercise Senior Line Dancing	21 Wee Ones Music Marital Arts (3-5yrs) Marital Arts (6-10 yrs.) Men's Rec. Basketball	22 Ballet Watercolors Art (Adult) Senior Exercise	23 <b>Thanksgiving Day - Offices Closed</b>	24 <b>Thanksgiving Day Recess - Offices Closed</b>	25	
26	27 Yoga (AM) & Yoga (PM) Floral Design (TBD) Senior Exercise Senior Line Dancing	28 Wee Ones Music Marital Arts (3-5yrs) Marital Arts (6-10 yrs.) Men's Rec. Basketball	29 Ballet Senior Exercise	30 Paint, Paste & Pour Art Body Sculpt/Pilates Marital Arts (6-10 yrs.) Yoga (PM) Senior Swim Men's Rec. Basketball	Dec 1 Paint, Paste & Pour Art Senior Exercise Men's Rec Basketball	2	<b>Biddy Basketball Games—Week 1</b>
3	4 Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing	5 Wee Ones Music Marital Arts (3-5yrs) Marital Arts (6-10 yrs.) Men's Rec. Basketball	6 Ballet Watercolors Art (Adult) Senior Exercise	7 Paint, Paste & Pour Art Body Sculpt/Pilates Marital Arts (6-10 yrs.) Yoga (PM) Senior Swim Men's Rec. Basketball	8 Paint, Paste & Pour Art Senior Exercise Men's Rec Basketball	9	<b>Biddy Basketball Games—Week 2</b>

\* Partner of the Wall Recreation Department. Held at private location. Visit [www.wallnj.com](http://www.wallnj.com) for more information!