

FALL 2006 PROGRAMS

- Sports
- Biddy Basketball
- Men's Open Rec. Basketball -Half & Full Court
- Ultimate Frisbee (15yrs +)
- Martial Arts (3-10 yrs)
- Volleyball—TBD
- Atlantic Club Spring Sports*
- Good Sports Spring Sports*
- Wall Sports Arena Ice Hockey & Ice Skating*
- Art
- Paint, Paste & Pour (Pre-K)
- Impressionistic Art (6-12 yrs)
- Floral Design Class (Adult)
- Dance
- Ballet (3-5 yrs.)
- Music
- Wee-Ones Childhood Music Development (0-36 mon.)
- Fitness & Exercise
- Body Sculpt/Pilates
- Yoga AM & PM
- Jazzercise*
- Seasonal Events & Bus Trips
- Halloween Costume Contest (10/26)
- Radio City Christmas Show (Nov. 17th)
- Seniors (55+)
- Senior Defensive Driving-TBD
- Senior Exercise
- Senior Line Dancing
- Senior Swim
- Computer Classes
- Cyber Discoveries*



The Wall-to-Wall

RECREATION CALENDAR

October 2006

Visit us at www.wallnj.com

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Oct 1	2 Yoga (AM) & Yoga (PM) Floral Design Senior Exercise Senior Line Dancing Ultimate Frisbee	3 Wee Ones Music Martial Arts (3-5yrs) Martial Arts (6-10 yrs.) Impressionistic Art Men's Rec. Basketball	4 Ballet Senior Exercise	5 Paint, Paste & Pour Art Body Sculpt/Pilates Martial Arts (6-10 yrs.) Yoga (PM) Senior Swim Men's Rec. Basketball	6 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball Wall Fall Soccer Classic	7 Wall Fall Soccer Classic	
8 Wall Fall Soccer Classic	9 Columbus Day -Offices Closed Ultimate Frisbee	10 Wee Ones Music Martial Arts (3-5yrs) Martial Arts (6-10 yrs.) Impressionistic Art Men's Rec. Basketball	11 Ballet Senior Exercise	12 Paint, Paste & Pour Art Body Sculpt/Pilates-TBD Martial Arts (6-10 yrs.) Yoga (PM) Senior Swim Men's Rec. Basketball	13 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	14	
15	16 Yoga (AM) & Yoga (PM) Floral Design Senior Exercise Senior Line Dancing Ultimate Frisbee	17 Wee Ones Music Martial Arts (3-5yrs) Martial Arts (6-10 yrs.) Men's Rec. Basketball	18 Ballet Senior Exercise	19 Paint, Paste & Pour Art Body Sculpt/Pilates-TBD Martial Arts (6-10 yrs.) Yoga (PM)-TBD Senior Swim Men's Rec. Basketball	20 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	21	
22	23 Yoga (AM) & Yoga (PM) Floral Design Senior Exercise Senior Line Dancing Ultimate Frisbee	24 Wee Ones Music Martial Arts (3-5yrs) Martial Arts (6-10 yrs.) Men's Rec. Basketball	25 Ballet Senior Exercise	26 Halloween Costume Contest @ Int. School Paint, Paste & Pour Art Martial Arts (6-10 yrs.) Body Sculpt/Pilates, Yoga Senior Swim Men's Rec. Basketball	27 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	28	
29 Daylight Savings! *Fall Back*	30 Yoga (AM) & Yoga (PM) Floral Design Senior Exercise Senior Line Dancing Ultimate Frisbee	31 Happy Halloween! Wee Ones Music Martial Arts (3-5yrs) Martial Arts (6-10 yrs.) Men's Rec. Basketball	Nov 1 Ballet Senior Exercise	2 Paint, Paste & Pour Art Body Sculpt/Pilates Martial Arts (6-10 yrs.) Yoga (PM) Senior Swim Men's Rec. Basketball	3 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	4	
5	6 Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing	7 Wee Ones Music Martial Arts (3-5yrs) Martial Arts (6-10 yrs.) Men's Rec. Basketball	8 Ballet Senior Exercise	9 Paint, Paste & Pour Art Body Sculpt/Pilates Martial Arts (6-10 yrs.) Yoga (PM) Senior Swim Men's Rec. Basketball	10 Veterans Day -Offices Closed	11	

* Partner of the Wall Recreation Department. Held at private location. Visit www.wallnj.com for more information!