



SEPTEMBER 2009

Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 8:30 Senior Exercise	3	4 8:30 Senior Exercise	5
6	7 8:30 Senior Exercise	8	9 8:30 Senior Exercise 9:30 Ballet	10 10:00 Senior Yoga	11 8:30 Senior Exercise	12
13	14 8:30 Senior Exercise 9:30 Yoga & U	15	16 8:30 Senior Exercise 9:30 Ballet	17 10:00 Senior Yoga	18 8:30 Senior Exercise	19
20	21 8:30 Senior Exercise 9:30 Yoga & U 11:00 Fall Tennis 7:00 Yoga Tone	22 9:00 Sidewalk Seniors 10:00/ 10:45/4:00 Martial Arts	23 8:30 Senior Exercise 9:30 Ballet 4:00 Fall Tennis 6:00 Parent/Child Martial Arts	24 4:00 Martial Arts 10:00 Paint Paste & Pour 10:00 Senior Yoga 11:00 Fall Tennis 1:30 Tiny Tots Music 4:00 After School Art 7:00 Yoga Tone	25 8:30 Senior Exercise 10:00 Paint Paste & Pour 4:00 Fall Tennis	26
27	28 8:30 Senior Exercise 9:30 Yoga & U 11:00 Fall Tennis 7:00 Yoga Tone	29 9:00 Sidewalk Seniors 10:00/ 10:45/4:00 Martial Arts	30 8:30 Senior Exercise 9:00 Ballet 6:00 Parent/Child Martial Arts 4:00 Fall Tennis			