



SEPTEMBER 2007

Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 CLOSED	4	5 Senior Exercise 8:30am	6	7 Senior Exercise 8:30am Senior Free Games 1:00pm	8
9	10 Senior Exercise 8:30am Senior Line Dancing TBD	11	12 Senior Exercise 8:30am	13 Body Sculpting 10:15am Pilates 10:15am	14 Senior Exercise 8:30am Senior Free Games 1:00pm	15
16	17 Senior Exercise 8:30am Senior Line Dancing TBD Yoga 9:30am	18 Wee-Ones Music 9:30 Martial Arts 10:00am & 4:00pm	19 Senior Exercise 8:30am Ballet 9:30am	20 Paint-Paste & Pour 9:30am Wee -Ones Music 9:30am Body Sculpting/Pilates 10:15am Martial Arts 4:00pm Yoga 7:00pm	21 Senior Exercise 8:30am Paint Paste & Pout 9:30am Senior Free Games 1:00pm	22
23	24 Senior Exercise 8:30am Yoga 9:30am Senior Line Dancing TBD Yoga 7:00pm	25 Sidewalk Seniors 9:00am Wee-Ones Music 9:30 Martial Arts 10:00am	26 Senior Exercise 8:30am Ballet 9:30am	27 Sidewalk Seniors 9:00am Paint-Paste & Pour 9:30am Wee -Ones Music 9:30am Body Sculpting/Pilates 10:15am Martial Arts 4:00pm Yoga 7:00pm	28 Senior Exercise 8:30am Paint Paste & Pour 9:30am Senior Free Games 1:00pm	29
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