

SPRING 2006 PROGRAMS

Sports

- Jr. Softball Club (8th-H.S.)
- Men's Open Rec. Basketball (Half & Full Court)
- Ultimate Frisbee (15 yrs. +)
- Atlantic Club Spring Sports*
- Good Sports Spring Sports*
- Wall Sports Arena
- Ice Hockey*
- Wall Sports Arena Ice Skate*

Art

- Paint, Paste & Pour (Pre-K)
- Impressionistic Art (Gr. 1-6)
- Floral Design Class (Adult)
- Dance
- Ballet (3-5 yrs.)

Fitness & Exercise

- Body Sculpt/Pilates
- Yoga AM & PM
- Jazzercise*
- Atlantic Club Jr. Fit*

Music

- "Wee-Ones" Early Childhood Music Program (0-36 months)
- Seniors (55+)

Senior Exercise

- Senior Line Dancing
- Senior Swim

Computer Classes

- Cyber Discoveries*

- FREE Seminar at Wall H.S.*
Plus more!!!

- Make sure to check for up-to-date programming at www.wallnj.com!



The Wall-to-Wall

RECREATION CALENDAR

Visit us at www.wallnj.com

May 2006



| | Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----------|--|--|---|--|--|-------|-----|
| April 30 | May 1 | May 2 | May 3 | May 4 | May 5 | May 6 | |
| | Impressionistic Art Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing Floral Design (7-9 pm) | Ultimate Frisbee (Spring) Men's half-court Basketball | Senior Exercise Wee-Ones Music Ballet | Paint, Paste & Pour Body Sculpt/Pilates Yoga (PM) Men's half-court Basketball | Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball | | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 | |
| | Impressionistic Art Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing Floral Design Class | Ultimate Frisbee (Spring) Men's half-court Basketball | Senior Exercise Wee-Ones Music Ballet | Paint, Paste & Pour Body Sculpt/Pilates Yoga (PM) Men's half-court Basketball | Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball | | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 | |
| | Impressionistic Art Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing Floral Design (7-9 pm) | Ultimate Frisbee (Spring) Men's half-court Basketball | Senior Exercise Wee-Ones Music Ballet | Paint, Paste & Pour Body Sculpt/Pilates Yoga (PM) Men's half-court Basketball | Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball | | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | |
| | Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing Floral Design (7-9 pm) | Ultimate Frisbee (Spring) Men's half-court Basketball | Senior Exercise Wee-Ones Music Ballet | Paint, Paste & Pour Body Sculpt/Pilates Yoga (PM) Men's half-court Basketball | Senior Exercise Senior Swim Men's full-court basketball | | |
| 28 | 29 | 30 | 31 | June 1 | 2 | 3 | |
| | Memorial Day Offices Closed No Programs | Ultimate Frisbee (Spring) Men's half-court Basketball | Senior Exercise Wee-Ones Music Ballet | Paint, Paste & Pour Body Sculpt/Pilates Yoga (PM) Men's half-court Basketball | Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball | | |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 | |
| | Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing Floral Design (7-9 pm) Ultimate Frisbee (Summer) | Men's half-court Basketball | Senior Exercise Wee-Ones Music Ballet | Body Sculpt/Pilates Yoga (PM) Men's half-court Basketball | Senior Exercise Senior Swim Men's full-court basketball | | |

* Partner of the Wall Recreation Department. Held at private location. Visit www.wallnj.com for more information!