

# WINTER 2006 PROGRAMS

- Sports
- Biddy Basketball (3-8)
  - Ivy Bivy Basketball (K-2)
  - Men's Open Rec. Basketball (Hall & Full Court)
  - Atlantic Club Swim School\*
  - Atlantic Club Base / Soft. Train.\*
  - Atlantic Club Open Skateboard\*
  - Good Sports Tennis\*
  - Good Sports Soccer\*
  - Good Sports Roller Hockey\*
  - Wall Sports Arena Ice Hockey\*
  - Wall Sports Arena Ice Skating\*
- Art
- Paint, Paste & Pour (Pre-K Art)
  - Impressionistic Art (Grade 2-8)
- Dance
- Ballet (3-5 yrs.) - TBD
- Fitness & Exercise
- Body Sculpt / Plates
  - Yoga AM & PM
  - Jazzercise\*
  - Atlantic Club Jr. Fit\*
- Music
- "Wee-Ones" Early Childhood Music Program (0-36 months)
- Seniors (55+)
- Senior Exercise
  - Senior Line Dancing
  - Senior Swim
  - Fitness In Therapy—FREE Balance Class\*
- Holiday/Seasonal
- Creative Valentine Contest (Pre K—5)
- Plus more!!!
- Make sure to check for up-to-date programming at [www.wallnj.com](http://www.wallnj.com)!



# The Wall-to-Wall

## RECREATION CALENDAR

### February 2006

Visit us at [www.wallnj.com](http://www.wallnj.com)

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Jan 29	30	31	Feb 1	2	3	4	
	Ballet—TBD Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing	Impressionistic Art Body Sculpt/Plates Men's half-court Basketball	Senior Exercise Wee-Ones Music	Paint, Paste & Pour Yoga (PM) Men's half-court Basketball	Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball	Biddy B-Ball Games Ivy Bivy B-Ball Clinic	
5	6	7	8	9	10	11	
	Ballet—TBD Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing	Impressionistic Art Body Sculpt/Plates Men's half-court Basketball	Senior Exercise Wee-Ones Music Creative Valentine Contest	Paint, Paste & Pour Yoga (PM) Men's half-court Basketball	Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball	Biddy B-Ball Games Ivy Bivy B-Ball Clinic	
12	13	14	15	16	17	18	
	Ballet—TBD Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing	<b>Valentine's Day</b> Impressionistic Art Body Sculpt/Plates Men's half-court Basketball	Senior Exercise Wee-Ones Music	Paint, Paste & Pour Yoga (PM) Men's half-court Basketball	Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball	Biddy B-Ball Games	
19	20	21	22	23	24	25	
	Ballet—TBD Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing	Impressionistic Art Body Sculpt/Plates Men's half-court Basketball	Senior Exercise Wee-Ones Music	Paint, Paste & Pour Yoga (PM) Men's half-court Basketball	Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball	Biddy B-Ball Games	
26	27	28	Mar 1	2	3	4	
	Ballet—TBD Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing	Impressionistic Art Body Sculpt/Plates Men's half-court Basketball	Senior Exercise Wee-Ones Music	Paint, Paste & Pour Yoga (PM) Men's half-court Basketball	Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball	Biddy B-Ball Games	
5	6	7	8	9	10	11	
	Ballet—TBD Yoga (AM) & Yoga (PM) Senior Exercise Senior Line Dancing	Body Sculpt/Plates Men's half-court Basketball	Senior Exercise	Paint, Paste & Pour Yoga (PM) Men's half-court Basketball	Paint, Paste & Pour Senior Exercise Senior Swim Men's full-court basketball	Biddy B-Ball Games	

\* Partner of the Wall Recreation Department. Held at private location. Visit [www.wallnj.com](http://www.wallnj.com) for more information!