

**WINTER 2006-07
PROGRAMS**

***Contact Recreation for program details & times!

Sports

- Biddy Basketball (gr. 3-8)
- Men's Open Rec. Basketball - Half & Full Court
- Martial Arts (3-10 yrs)

Atlantic Club*

- Good Sports*
- Wall Sports Arena Ice Hockey & Ice Skating*

Art

- Paint, Paste & Pour (Pre-K)
- Floral Design Class (Adult)

Dance

- Ballet (3-5 yrs.)

Music

- Wee-Ones Childhood Music Development (0-36 mon.)

Fitness & Exercise

- Body Sculpt/Plates
- Yoga AM & PM

Jazzercise*

Bus trips

- Jersey Boys (May 16, 2007)

Seniors (55+)

- Senior Exercise
- Senior Line Dancing
- Senior Swim

Computer Classes

- Cyber Discoveries*



The **Wall-to-Wall**

RECREATION CALENDAR

January 2007

Visit us at www.wallnj.com

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dec 31 New Year's Eve	Jan 1 New Year's Day Offices Closed	2 Wee Ones Music Martial Arts (3-5 yrs) Martial Arts(6-10 yrs) Men's Rec. Basketball	3 Ballet Senior Exercise	4 Paint, Paste & Pour Art Body Sculpt/Plates- TBD Martial Arts(6-10 yrs) Yoga (PM) Senior Swim Men's Rec. Basketball	5 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	6 Biddy Basketball Games—Week 4	
7 Art	8 Yoga (AM) & Yoga (PM) Floral Design- TBD Senior Exercise Senior Line Dancing	9 Wee Ones Music Martial Arts (3-5 yrs) Martial Arts(6-10 yrs) Men's Rec. Basketball	10 Ballet Senior Exercise	11 Paint, Paste & Pour Art Body Sculpt/Plates- TBD Martial Arts(6-10 yrs) Yoga (PM) Senior Swim Men's Rec. Basketball	12 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	13 Biddy Basketball Games—Week 5	
14 Dance	15 Yoga (AM) & Yoga (PM) Floral Design- TBD Senior Exercise Senior Line Dancing	16 Wee Ones Music Martial Arts (3-5 yrs) Martial Arts(6-10 yrs) Men's Rec. Basketball	17 Ballet Senior Exercise	18 Paint, Paste & Pour Art Body Sculpt/Plates- TBD Martial Arts(6-10 yrs) Yoga (PM) Senior Swim Men's Rec. Basketball	19 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	20 Biddy Basketball Games—Week 6	
21 Fitness & Exercise	22 Yoga (AM) & Yoga (PM) Floral Design- TBD Senior Exercise Senior Line Dancing	23 Martial Arts (3-5 yrs) Martial Arts(6-10 yrs) Men's Rec. Basketball	24 Ballet Senior Exercise	25 Paint, Paste & Pour Art Body Sculpt/Plates- TBD Martial Arts(6-10 yrs) Yoga (PM) Senior Swim Men's Rec. Basketball	26 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	27 Biddy Basketball Games—Week 7	
28 Jazzercise*	29 Yoga (AM) & Yoga (PM) Floral Design- TBD Senior Exercise Senior Line Dancing	30 Martial Arts (3-5 yrs) Martial Arts(6-10 yrs) Men's Rec. Basketball	31 Ballet Senior Exercise	Feb 1 Paint, Paste & Pour Art Body Sculpt/Plates- TBD Martial Arts(6-10 yrs) Yoga (PM) Senior Swim Men's Rec. Basketball	2 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	3 Biddy Basketball Games—Week 8	
4 Senior Exercise	5 Yoga (AM) & Yoga (PM) Floral Design- TBD Senior Exercise Senior Line Dancing	6 Wee Ones Music Martial Arts (3-5 yrs) Martial Arts(6-10 yrs) Men's Rec. Basketball	7 Ballet Senior Exercise	8 Paint, Paste & Pour Art Body Sculpt/Plates- TBD Martial Arts(6-10 yrs) Yoga (PM) Senior Swim Men's Rec. Basketball	9 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	10 Biddy Basketball Games—Week 9	
4 Super Bowl Sunday	5 Yoga (AM) & Yoga (PM) Floral Design- TBD Senior Exercise Senior Line Dancing	6 Wee Ones Music Martial Arts (3-5 yrs) Martial Arts(6-10 yrs) Men's Rec. Basketball	7 Ballet Senior Exercise	8 Paint, Paste & Pour Art Body Sculpt/Plates- TBD Martial Arts(6-10 yrs) Yoga (PM) Senior Swim Men's Rec. Basketball	9 Paint, Paste & Pour Art Senior Exercise Men's Rec. Basketball	10 Biddy Basketball Games—Week 9	

* Partner of the Wall Recreation Department. Held at private location. Visit www.wallnj.com for more information!